

A TEMBA/P.E.A.C.E. Collaboration

Play in the Wild!

A Nonviolent Communicationsm Wilderness Camp
for youth 12 – 17 years old
Réserve Faunique Papineau-Labelle in Quebec, Canada
July 12 – 18, 2007

Cost:

We offer this training freely as our contribution towards peace. We invite you to contribute an amount that would be enjoyable for you to give. We suggest a sliding scale of \$375 - \$575 as an amount that reflects our value for this work, supports our livelihood and helps to cover expenses of food, park fees, and transportation. Our wish is that no one stay home for financial reasons and we believe in the creative power we all possess to make our dreams come true.

This adventure invites you to expand awareness of life through meeting the challenges within yourself and with the earth:

- Discover self-reliance that leads to power-with others
- Transform judgmental thinking about yourself and others
- Practice listening deeply and speaking your truth
 - Come to know and trust who you are
 - Explore your inner and outer worlds

Registration:

Register early because space is limited to 15 participants. No experience required.

In the US, contact Catherine at
415-233-3020 or
tembacatherine@yahoo.com

In Canada, contact Melanie at
450-539-4644 or
melaniewhitham@hotmail.com

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Catherine, Melanie, Jesse, and Rémi will bring together their years of experience to facilitate a safe and life-transforming journey...



CATHERINE CADDEN is a certified trainer with the Center for Nonviolent Communication and has been leading backpack adventures since 1997. She also founded the TEMBA School, a visionary K-8 academic program rooted in nonviolent philosophy, Nonviolent Communication (NVC), sustainable living, and artistic expression. She has offered trainings in NVC in the United States, Canada, South Africa and Argentina. She brings over ten years of experience practicing, living and teaching NVC. Catherine also served for four years with her German shepherd dog, Marley, on WOOF Wilderness Finders working Search and Rescue missions. During those years, she gained invaluable knowledge about wilderness survival and living interdependently with the earth.

MELANIE WHITHAM is the founder of P.E.A.C.E. School and her biggest passion, next to teaching young people, is wilderness canoe camping. On a 16-day wilderness paddle through the Canadian forest at 21 years old, Melanie discovered that she was capable of much more than she had imagined. It is this place of inner strength she wants to support young people to discover within themselves. She is an ORCA (Ontario Recreational Canoeing Association) level 2 certified canoe trip leader and has wilderness first aid training. Melanie also brings years of training, practicing and living NVC. She has offered workshops in NVC to teachers, parents and youth in Quebec and Thailand.



JESSE WIENS' path has included dishwashing, Catholic school, punk rock, art school, and Buddhist monasteries. His inspiration continues to be found in the moments of recognizing divinity inside and outside himself. Jesse's current work draws from 7 years of training in Zen meditation and 6 years of training in NVC. He offers what he has learned in the form of workshops and classes, as well as through individual and group facilitation. He is currently participating in LIFE, a two-year program focused on integrating and embodying NVC consciousness, and is a student and resident at the San Francisco Zen Center. To find out more about Jesse and his work, visit his website: ZENVC.org.



RÉMI VILLENEUVE brings with him 15 years of experience of working with youth in a wide variety of fields: day camps, music schools, outdoor centers and sports resorts, youth centers, personal growth & nonviolence workshops, a suicide prevention center, second language programs in primary schools, rehab programs for the handicapped, a group home and a primary alternative school. A seasonal canoe camping enthusiast for the last 7 years, Rémi is very excited about sharing his own learning process with Nonviolent Communication in the natural environment he so loves.

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